

Damask Rose



Tabriz Rose



Kashan Rose

Scientific name: *Rosa damascena* Mill, *Rosa centifolia* L.

Common name: Damask Rose

Traditional name: Vard Ahamar Bustani

Part used: Flowers, petal

Description & characteristics:

Red or pinkish red flowers or petals with a very fragrant smell and a sweet and astringent taste.

Temperament: Compound potency, most sages have considered it cold and dry, some believe it is hot and wet and some consider as moderate.

Functions:

Invigorating faculty and spirits, *Mofarrih* (refreshing), *Molattif* (attenuant), *Jali* (detergent), purgative, relieves bile and astringent fluid phlegm, especially dry Rose, but fresh Rose is purgative.

Traditional uses:

Invigorating the organs, especially heart, lungs, stomach, liver, kidney, intestine, uterus, teeth and gums, relieving hot suffocation and syncope, relieving headache, relieving uterine flow, healing wounds and ulcers, growing flesh on deep wounds.

Modern uses:

Inflammation of the mouth and pharynx

Dosage:

5 to 10 cups of plant powder with honey and liquids daily use. 3 cups of tea or infusion of Rosa daily (contains 1.5 to 3 scoops of the herb in a cup of hot water)

Side effects:

No health hazards or side effects are known in conjunction with the proper administration of designated therapeutic dosages.

Precautions and warnings:

No health hazards or side effects are known in conjunction with the proper administration of designated therapeutic dosages.

Use in pregnancy and breastfeeding:

Not enough information is available.

Contraindications:

Not enough information is available.

Interactions:

Not enough information is available,

Pharmaceutical forms available in natural products pharmacy:

- Warm Nazlah powder
- Absinthe ahlilaj safof powder
- Bozuri oxymel syrup
- Laxaplus syrup
- Lavender syrup
- Nik soda syrup
- Mofarrah abrishami syrup
- Jawarish Amla electuary
- Qanese electuary
- Golqand electuary
- Muqul Molayen capsule
- Sofof Mohazal capsule
- Golnar capsule
- Asrol capsule
- Sofof Darvanj capsule
- Shabiar capsule
- Rahat pill
- Atrifel Aftimoni tablets
- Ladan compound shampoo
- Rose oil
- Anti-hair loss oil

References:

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